



Post-Operative Care for Immediate Dentures

- Do not take the denture out for 24 hours after surgery.
- Expect slight oozing of blood for the next 12 hours. You will have occasional bleeding for a few days after eating or cleaning your mouth.
- After 24 hours rinse your mouth using a teaspoon of salt in 8 oz. of very warm water 4 times per day. Do not rinse forcefully. Replace the denture after cleaning.
- You should soak your denture in water when it is not in your mouth.
- Continue to follow the Oral Surgeons instructions as well and continue taking your regular medications on schedule, unless directed differently by Dr. Johnson or your Physician.
- You will need to have a liquid/soft diet for the first few weeks following the extractions/immediate denture placement (like soups, yogurt, pasta, eggs, potatoes, bananas, smoothies). Gradually begin to eat more solid foods as the first week progresses. Avoid hard foods (like nuts, carrots, and pretzels) and chewy foods (like bagels, dried fruit) during the initial healing period. Use a nutritional supplement like Ensure if necessary. Good overall health speeds up the healing process.
- If you have any sore spots, please call your regular dentist for an adjustment to the denture.
- In the next few months, as your mouth heals, the denture may become loose. You may need to use an adhesive during this healing phase.